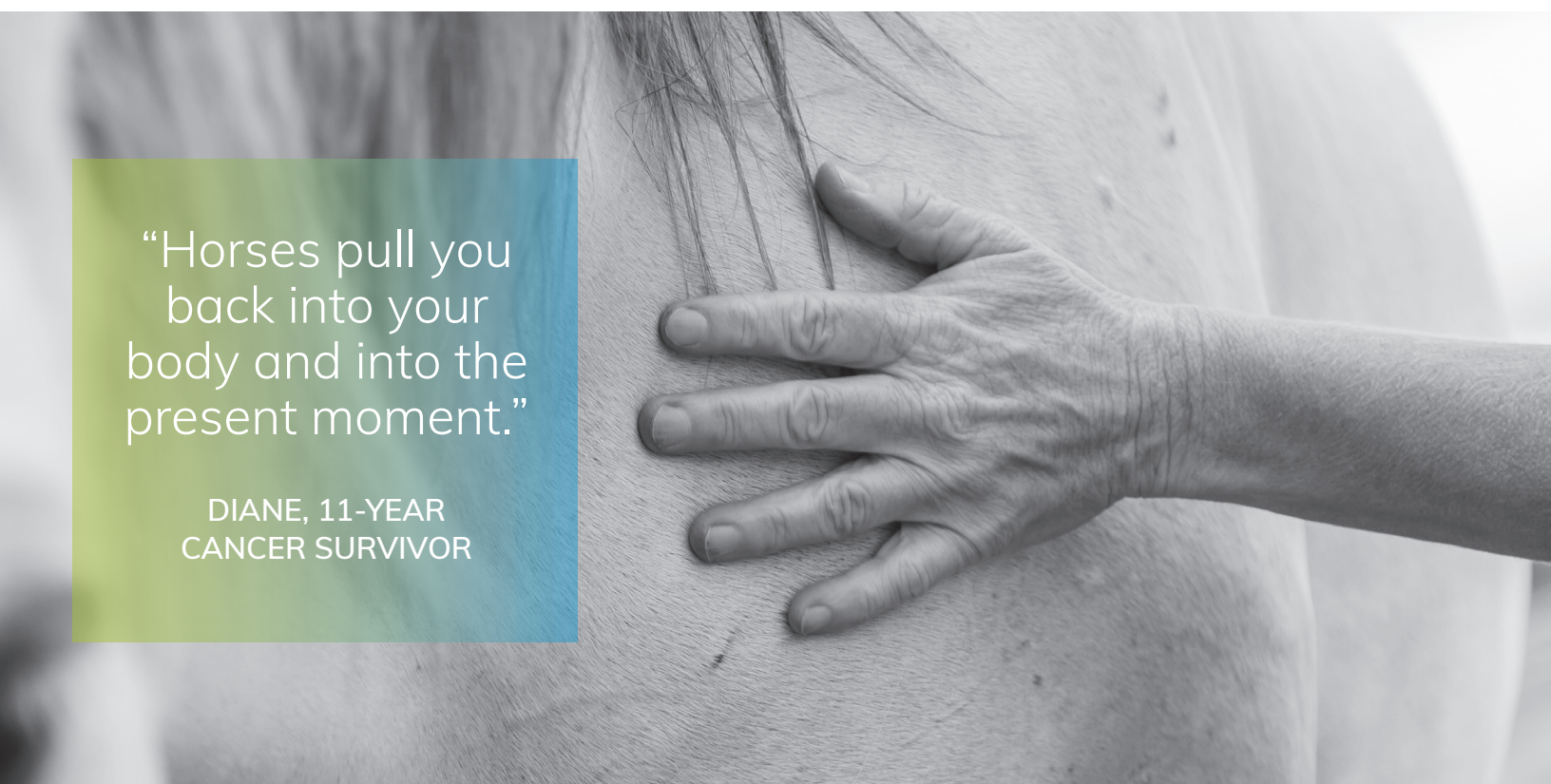


# Horses as Healers

A black and white photograph showing a person's hand gently touching the back of a horse. The hand is positioned on the horse's back, with fingers spread. The horse's hair is short and light-colored. The background is blurred.

“Horses pull you  
back into your  
body and into the  
present moment.”

DIANE, 11-YEAR  
CANCER SURVIVOR

Horses as Healers is an extraordinary healing program for those who have completed cancer treatment. Patients learn to groom, tack up, and ride horses under the guidance of Miwok Stable's equestrian staff and trained volunteers. Each person learns new horsemanship skills and works at his or her own pace, interacting with one of eight especially gentle therapy horses. Participants report that the time is extremely relaxing and rewarding. Many participants benefit from the incredible emotional healing power of horses in one of Marin's most beautiful outdoor settings.

## Your Ride is Waiting!

This four-week program is free and open to MarinHealth cancer patients. Participants should be able to commit to attending each weekly session.

**Space is limited for this free program!**

Call 415-233-3618 to register.

## Session Dates & Times

Thursday, May 8 – 12:45\* – 2:30 pm

\*1st session includes orientation

Thursday, May 15 – 1:00 – 2:30pm

Thursday, May 22 – 1:00 – 2:30pm

Thursday, May 29 – 1:00 – 2:30pm

## Location

Miwok Equestrian Center  
701 Tennessee Valley Rd  
Mill Valley, CA 94941

