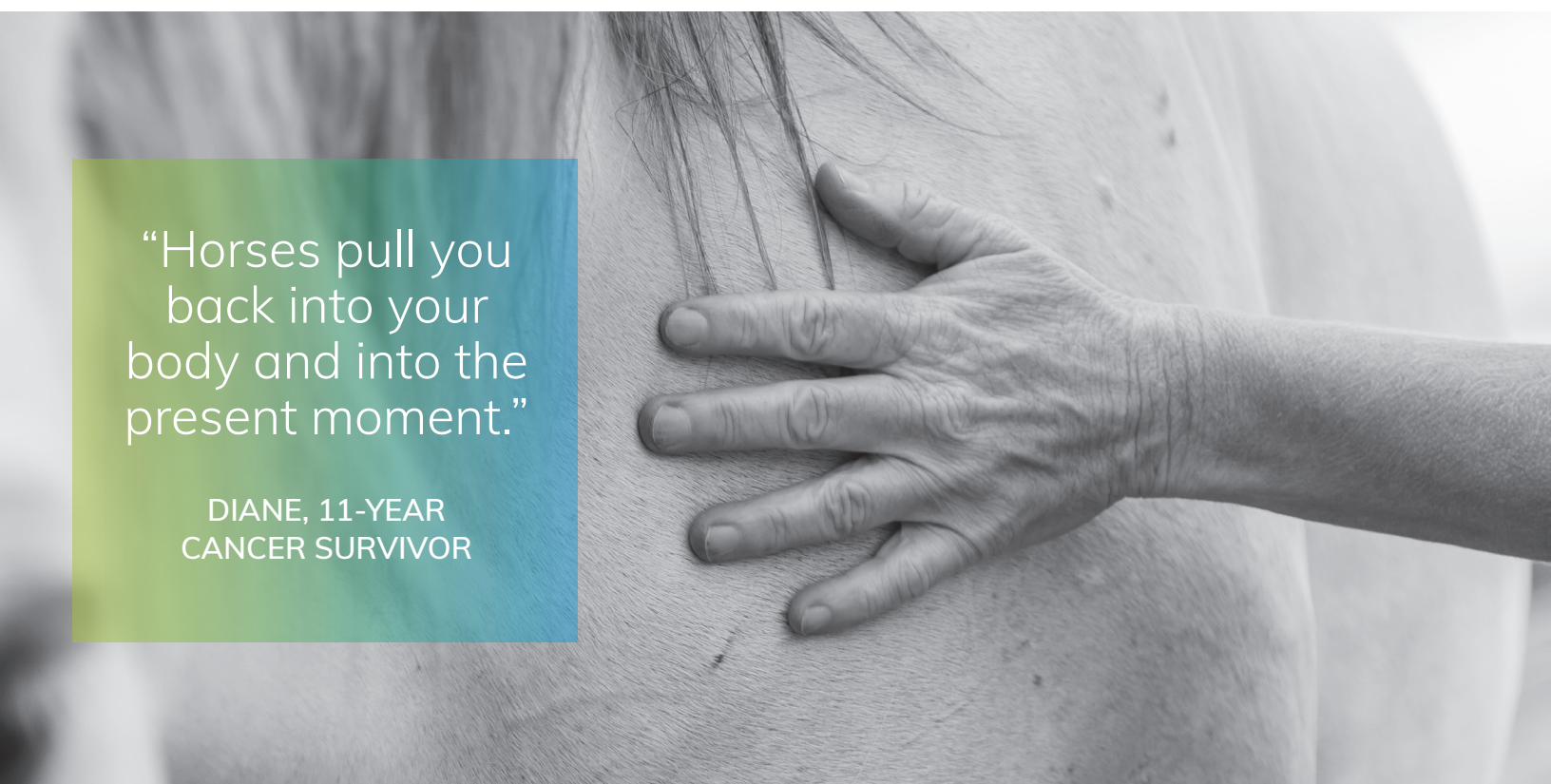


Horses as Healers



“Horses pull you back into your body and into the present moment.”

DIANE, 11-YEAR
CANCER SURVIVOR

Horses as Healers is an extraordinary healing program for those who have completed cancer treatment. Patients learn to groom, tack up, and ride horses under the guidance of Miwok Stable's equestrian staff and trained volunteers. Each person learns new horsemanship skills and works at his or her own pace, interacting with one of eight especially gentle therapy horses. Participants report that the time is extremely relaxing and rewarding. Many participants benefit from the incredible emotional healing power of horses in one of Marin's most beautiful outdoor settings.

Your Ride is Waiting!

This four-week program is free and open to MarinHealth cancer patients. Participants should be able to commit to attending each weekly session.

Space is limited for this free program!

Call 415-233-3618 to register.

Session 1

Thursday, October 5
12:00 pm – 2:00 pm
(includes orientation)

Remaining Sessions 2 – 4

Thursday, October 12, 19, & 26
from 12:30 pm – 2:00 pm

Location

Miwok Equestrian Center
701 Tennessee Valley Rd
Mill Valley, CA 94941

