

Support Groups

Integrative Wellness hosts, sponsors, and facilitates free support groups in an effort to optimize the health and healing of patients, family, and caregivers of people with cancer. Call the number listed for each class for schedule information.

Cancer Support

If you or someone you love is living with cancer of any kind, attend this support group to connect with others and share your feelings and experiences.

Where: 99 Montecillo Road San Rafael, CA 94903

Info: 1-415-446-2507

Facilitator: Kaiser Permanente



Cancer Support Community Cancer patients and their loved ones can receive counseling, join support groups, and receive nutrition advice, exercise classes, and educational resources.

Where: 3276 McNutt Avenue, Walnut Creek

Info: 1-925-933-0107 | cancersupport.net

Living with Life Threatening Illness

Share experiences and insights, discover new ways to enhance your quality of life, and learn to choose love rather than fear.

Where: 1350 S Eliseo Dr, Greenbrae, CA 94904

Info: 1-415-459-4333 | www.marincancercare.com/event/living-with-life-threatening-illness/

Facilitator: Andy Alpine, Center for Attitudinal Healing

Leukemia and Lymphoma

For patients and families dealing with Leukemia, Hodgkin's disease, Lymphoma, Multiple Myeloma, and Myelodysplastic Syndromes.

Info: Call Fran Haghighi, RN, at 1-415-925-7615 or Judy Sheridan at 1-415-750-2202

Facilitator: Leukemia & Lymphoma Society

Integrative Wellness Center
1350 South Eliseo Drive, Suite 120, Greenbrae, CA 94904
1-415-925-7620 | www.mymarinhealth.org/wellness

Connect with us      



Male Partners Support Group: Man to Man

Free drop-in support group open to any male whose partner has, or has had, breast cancer (or another life-threatening disease).

Info: 1-415-459-3434 | www.marin-man-to-man.org/

Prostate Cancer

A safe place to understand the impact of prostate cancer.

Info: 1-415-459-4668 for more information.

Facilitator: Stan Rosenfeld, volunteer and long-term prostate cancer survivor

UCSF Health Cancer Support Groups

The UCSF Ida and Joseph Friend Patient and Family Cancer Support Center offers numerous support groups for cancer patients and families. The support groups are free and available to all patients, whether or not they get their health care at UCSF.

Info: www.ucsfhealth.org/en/services/cancer-support-groups

General Support Resources

Cancer Care

Overall resource for information and support, including links to therapists, phone counseling, and online group support.

Info: 1-800-813-HOPE (4673) | www.cancercares.org

American Cancer Society

General information clearinghouse for all things pertaining to cancer, e.g. literature, emotional support, and local community resources. Provides listings of local support groups for patients, families, and kids.

Info: 1-800-227-2345 | www.cancer.org

