



Survivorship Series: Surviving and Thriving with Asian Healing Arts

After completing the intense experience of cancer treatment, patients are often left asking, “What’s next?” Our main focus is to provide the education and support survivors need to renew the body, mind and spirit after treatment.

Please join our Zoom session with Corliss Chan, CMT and Dr. Camille Loveman, LAc as they discuss the healing arts of Traditional Asian Therapies as they relate to optimizing health through the lenses of Acupuncture, Acupressure, and Jin Shin Jyutsu. We will discuss ways to help achieve balance through self-care, dietary, and lifestyle shifts that can be made with an emphasis on the season of Fall. We will look at the 5 Element system joining human health with nature's cycles.

Date

October 8, 2021

Time

12:00 pm – 1:00 pm

Cost

FREE

Join Via Zoom

[myanmarhealth.zoom.us/
j/5881158207](https://myanmarhealth.zoom.us/j/5881158207)

Meeting ID: 588 115 8207

Registration

Drop-ins are welcome and no sign-up is required.

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